**As a result of the efforts, commitment and dedication of civil society organizations and individuals, primarily those dealing with youth issues in Bosnia and Herzegovina and beyond, and as one of the conclusions of the Seventh Youth Work Conference - KORA 7, one segment of which was based on promoting healthy lifestyles that are promoted by youth centers and youth organizations, a movement was initiated to advocate the introduction of healthy lifestyles and life skills in formal education. From the above mentioned stemmed the**

**DECLARATION**

**Therefore, with our signature and the stamp of the organization, we express our efforts, commitment and dedication to WORK, DEVELOP AND ACT IN ACCORDANCE WITH POSITIVE LIFESTYLES TOWARDS YOUNG PEOPLE AND FOR YOUNG PEOPLE, DEVELOPING AND NURSING LIFE SKILLS TO BE VERIFIED THROUGH FORMAL EDUCATION.**

**What are life skills?**

According to the World Health Organization (WHO), life skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.

**What are our values?**

An individual trained in life skills becomes more self-aware, communicates more effectively, creates better interpersonal relationships (healthier interpersonal relationships), expresses empathy and creative thinking, encourages critical thinking, facilitates better decision-making, problem solving, coping with stress and dealing with emotions.

**Who are our partners?**

We develop and nurture partnerships with all benevolent, dedicated and consistent individuals and groups and especially young people and their parents, teachers, sports and social workers, pedagogues, psychologists…

**How to join us?**

Any individual, group or organization wishing to join us in our efforts and efforts to achieve our goals needs to contact the contacts indicated on

[www.pm.rs.ba](http://www.pm.rs.ba)

March 2020

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Name of organization, signature and stamp